

DIFFERENT LIFESTYLES

Can you talk about your routines?

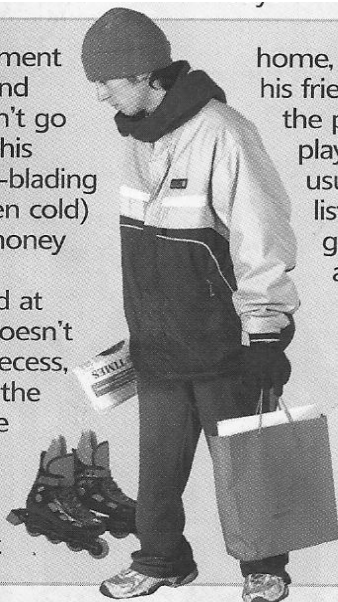
1. Look at the article quickly. Which of these things does it mention?

- Where Rob lives
- School
- What he does after school
- Rob's weekends
- What he does on Sundays

Rob lives in a small apartment downtown. He gets up at 6:30 and makes his breakfast, but he doesn't go to school immediately—he does his paper route first. He enjoys roller-blading down the streets (though it's often cold) and he likes having some extra money each week.

School is OK. Rob is good at Technology and Science but he doesn't enjoy History or French. During recess, he and his friends play soccer on the playground or talk to some of the girls from their class.

The weekends are Rob's favorite time. After he does his homework and helps his mom at



home, Rob usually spends most of the time with his friends. If the weather is good, they meet in the park (Rob brings Mordor for a walk) and play soccer or skateboard. When it rains, they usually meet in one of the boys' houses. They listen to music and talk or play computer games. Sometimes they go on the internet and chat.

Rob and his friends usually go out on Saturday evenings. They meet at the cyber café and then they go to the movies or to a disco. They talk and dance a bit but Rob doesn't like disco music much—he thinks it's very commercial. If there is a concert (especially if it is a heavy metal group), they go to that—they really enjoy the atmosphere.

2. Answer the questions

- a) What does Rob do before he goes to school?
- b) What do Rob and his friends do during recess?
- c) What do they do on weekends if the weather is good?
- d) What about if it rains?
- e) Where do they go on Saturday evenings?
- f) How is Rob different from you?

3. Unscramble the sentences. Which sentences does Rob say

- a. get / usually / I / up / early
- b. never / I / breakfast / make
- c. Saturdays / my / help / mom / I / on / always
- d. music / friends / I / to / sometimes / at / listen / a / house
- e. go / we / a / concert / often / to

4. Write true sentences about yourself from the prompts.

I always get up at...

1. get up at 7:30
2. have cereal for breakfast
3. walk to school.
4. Have lunch at school
5. meet my friends in the park
6. go to the movies on a school day

Remember!

Adverbs of frequency usually go before the verb; e.g., "I *never* stay at home on Saturday." However:

- Adverbs of frequency go **after** the verb to be. *She is **always** late.*
- Sometimes can also go at the **beginning** of a sentence. ***Sometimes** I see her at the mall.*

5. Look at the headline. What habits do you think the survey asked about?

Survey finds worrying trends in teen habits.

6. Listen to check

7. Mark the sentences T (true) or F (false).

1. The survey was only about teenagers.
2. Most teenagers practice a lot of sports.
3. 25% of teenagers exercise by walking around town with their friends.
4. Most teenagers still walk to school.

8. How often do they exercise?

Once a month

Four times a month

Once every three days

Twice a month

Every day

Expressions of frequency

	Mon	Tue	Wed	Thur	Fri	Sat	Sun
Paul			1	2	3	4	5
Kyle	6	7	8	9	10	11	12
Carol	13	14	15	16	17	18	19
Sally	20	21	22	23	24	25	26
Fred	27	28	29	30			

9. Ask and answer about the teenagers.

How often does Paul exercise?

He exercises...